

Be the Jellyfish Video Training and Resource Pack

Package benefits:

- Train in your own time
- Train as many staff members as you wish at no extra cost
- Facility to recap on key elements as often as you like
- No need for time out of class/school
- Easy to follow class plans and instructions
- Photocopiable resources
- Re-useable resources
- Fun, creative and effective resources that provide endless activity possibilities
- Resources, class plans and activities that are can be used for:
 - 1 to 1
 - Focus groups
 - Whole class
 - Mixed age group
 - Whole school
- Resources, class plans and activities that are flexible and easily adaptable to suit the needs all children, all budgets and timetable restraints

Be the Jellyfish Training Manual

Published by Jessica Kingsley Publishers, this book introduces you to the core ideas behind Be the Jellyfish and details how to successfully deliver classes in your school or preschool setting. Including 30 class plans that can be used one to one, small group or whole class and over 200 photocopiable resources. Each class plan is accompanied by a set of questions, a visualisation, bodywork poses, templates and resources.



Jellyfish USB

Our 4GB USB stick contains:

- Six invaluable video training clips that support the Jellyfish Training Manual
- PDF of our Jellyfish gift cards
- PDF presentation documents that can be used to inform children, staff and parents about Jellyfish classes
- PDF Jellyfish journey, record and assessment sheets

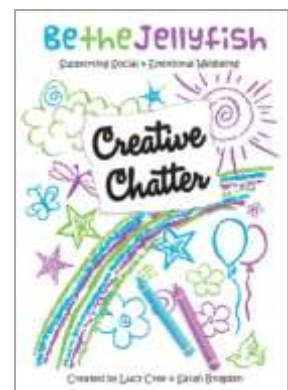
Be the Jellyfish Cards

Jellyfish cards comprise of forty seven jellyfish. Each jellyfish displays an unnamed feeling and can be used to help children to identify and talk about their own feelings and emotions. Each set comes with ten activity suggestions to try.



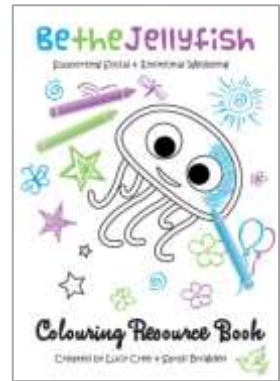
Creative Chatter Resource Book

Our spiral bound resource book Creative Chatter provides an opportunity for children to safely explore thoughts, feelings and emotions through drawing. Activities facilitate the five Jellyfish Strands designed to help children to Discover, Explore, Express, Manage and Develop themselves, their feelings, emotions and relationships. All activities can be used independently of Jellyfish classes or as an activity within them. The book consists of twenty five photocopiable drawing activity frames, each accompanied by a set of questions linked to our Jellyfish strands and designed to encourage discussion.



Be the Jellyfish Colouring Resource Book

This spiral bound photocopiable resource contains colouring sheets based on our jellyfish and a range of activity ideas. Ideal for general relaxation and mindfulness or as a specific resource to support the social and emotional wellbeing of children. It also facilitates the Jellyfish process of creative chatter; a two way conversation about a child's creation.



Pack price: £250.00

Please note all resources (except our school training USB) can also be purchased separately.